



**WATCH THE GRILL SERGEANTS EVERY MONDAY
AT NOON EST**

'Chicken & Dumplings'

One	3-4lb chicken, or chicken parts
1/4 cup	olive oil
1 1/2 cup	onion, chopped
1/2 cup	sweet peppers, chopped
1 cup	celery, chopped
2 tbsp	garlic
1 quart	chicken stock
2 cups	flour
salt and pepper	to taste

Cut chicken into pieces; remove wings, drumettes, thigh meat, and cube breast meat. Brown meat in olive oil. Add onions, peppers, celery, and garlic. Add stock and simmer. Add stock to flour to make dough for dumplings. Add dumplings and continue simmering until chicken is done. Season to taste, garnish and serve.